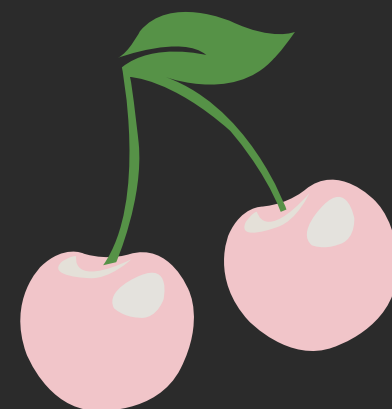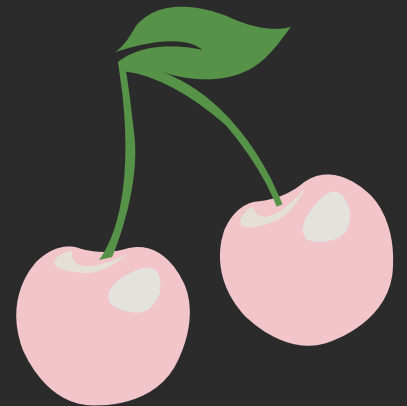# yes / no / maybe menu

yes / no / maybe

how to use this list

this yes/no/maybe list acts to stir the senses and get you thinking about all the sensual and erotic experiences you may like to try, regardless of whether you're single, coupled or thrupled.

each partner fills out the list by looking at the activities and deciding whether they're totally up for it (**yes**), might be keen (**maybe**) or have a hard pass (**no**).
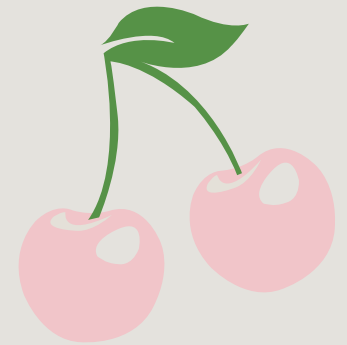
if you're doing this with a partner/s, once you've completed your list, share it. it will help you explore new activities and help you get the pleasure you want, because life's too short for bad sex.

yes/no/maybe

activities

anal sex	double penetration	intercourse	spanking
anal toys (butt plugs)	edging	kissing	strap-on
annilingus (rimming)	erotica reading/watching	lap dance	strip tease
biting	fingering - anus	massage	submission
blindfolds	fingering - vagina	mutual masturbation	temp play (wax or ice)
blow job	fisting - anus	nipple play	threesome
bondage	fisting - vagina	orgasm denial	voyeurism
bathtub sex	food play	outdoor sex	
breath play	face sitting	period sex	
choking	filming	porn watching	
cock rings	flirting	phone sex	
collars	foot massage	public sex	
costumes	gags	role play	
cross dress	group sex (joining in)	rough sex	
cuddling	group sex (watching)	scat play	
cunnilingus	g-spot stimulation	sensual sex	
deep throat	hair pulling	sex toys	
dirty talk	handcuffs	sexting	
domination	hand job	shower sex	

yes/no/maybe

place each activity into a column

yes	maybe	no	giving / receiving
you're jumping for joy to try	not sure but willing to consider	hell no, it ain't happening	do you want to give or receive?

yes/no/maybe

place each activity into a column

yes	maybe	no	giving / receiving

you're jumping for joy to try   not sure but willing to consider   hell no, it ain't happening   do you want to give or receive?